Volume 1, Issue 3 December 1, 2019





Dear Students and Clients of ResonateYou: Happy December and all that comes with it!

There is community in the air through the celebration of music, family, friends, and festive holidays!

Please take a look at this calendar of events to see what our voice students are up to this month:

THIS WEEKEND: Dec. 5-8:

- Thurs., December 5 "Frozen, Jr.", 7pm, at Martin Meylin Middle School in the L-S School District
- featuring 8th grader: Sarah Ziegler (who will play Anna)
- Friday, December 6 "Frozen, Jr, 7pm
- Saturday, December 7 "Frozen, Jr. 2pm and 7pm
- Sunday, December 8 "Open House" of Soundwise Health Associates from 4-7pm at Liberty Place, (313 W. Liberty St, Suite 267, Lancaster)
- I am a part of this group of Sound Therapists and we are presenting mini sound sessions (free!) and info about all that we offer: Sound therapy through Himalayan Singing Bowls, Quartz bowls, tuning forks, gongs, drums, shakers, and voices. Come learn more for free! Food and Drinks provided.

NEXT WEEKEND: Dec. 13-15th:

- Fri., December 13th "Vespers", 7:30pm at the Lititz Moravian Church (8 Church Square, Lititz), a concert by singers and musicians at Linden Hall, School for Girls, featuring Anna Quiros, Dani Archer, Delaney Gable, and Juliet Lamichane
- Sat., Dec. 14th "Vespers", 7:30pm again at Lititz Moravian Church
- Sat., Dec. 14th Warwick's "Holiday Concert" at 7:30pm, for Middle and Highschoolers, Lititz
- · featuring middle school student Samantha Barto
- Sun., Dec. 15th Warwick's Holiday Concert 3pm

THE FOLLOWING WEEKEND: Dec. 19-21:

- Thurs., Dec. 19th, "Elf and the Shoemaker" 7:30pm, Warwick Middle School, Lititz
- · featuring Samantha Barto in her middle school play
- Fri., Dec. 20th, "Elf & the Shoemaker" 7:30pm again
- · Sat., Dec. 21st, Winter Solstice Event at Lancaster Metaphysical Chapel, Lancaster

Check out online for tickets for these events! Lots of singing festivities happening!





RELAX THIS SEASON!

with Vibrational Sound Therapy Sessions

"Five for 5%" Referral Program continues...

"Like" us on Facebook! "Follow" us on Instagram!

Or if you're like me and these social media things are daunting (!), consider writing a "Google" or "Yelp" review of Resonate You.

Have you heard of Organic content vs. Paid/Sponsored Ads online? Organic content is you, the valued client, taking the time to write a meaningful review online. When this happens, real worth is communicated.

If you have been happy with your or your child's time at the studio, please write a review online (Google/Yelp). After completed, let me know, so I can reward your time with a discount (5-10%) for upcoming lessons or sound sessions.

And word of mouth is THE BEST way of sharing about Resonate You, so THANK YOU!

Clients, remember to take time for yourself this season as well. Book a Vibrational Sound Therapy Session (VST) to promote better sleep, less anxiety, calmer focus, and overall well-being. Feel the transformation of the singing bowls. Enjoy this therapeutic effect on your body this season!

AND Current clients and students of ResonateYou can purchase a VST Sound Session for a REDUCED price during the month of December!

Book a 50 min. sound session for \$59! (normally \$75) Book a 30 min. sound session for \$35! (normally \$40)

OR

Purchase a GIFT CERTIFICATE for a loved one! at these special prices as well! This is truly a wonderful gift to give this season.

Take advantage of this special offer to promote your overall health and well-being during this busy season!

Email me at <u>resonateyou@gmail.com</u> to purchase and set up times in the evenings in the next number of weeks:

OR during the following days around the holidays:

Monday, Dec. 23rd Thurs., Dec. 26th Friday, Dec. 27th Mon., Dec. 30th

See you at lessons, sound sessions, or concerts this December!
Sincerely,
Jennifer Lobo

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